



## PARTNERS FOR SUCCESS PROGRAMS - 2008-2009 EVALUATION RESULTS

Aisling Discoveries Child and Family Centre provides a range of parent, child and staff training and educational opportunities designed to increase knowledge and competencies with respect to healthy child development and effective parent management strategies. Topics can be chosen from a "Menu of Services" which provides flexible options for schools willing to offer or augment existing mental health services. Program recipients may attend single or multiple sessions for each session topic, each of which typically lasts approximately 60-90 minutes. The services offered fall into four main categories:

1. **Parenting Groups**, such as *the COMPASS Program*, which emphasizes the importance of parental involvement in their child's education, and how a positive relationship between parent and child is related to a child's achievement in school.
2. **Parent Workshops/Presentations**, such as *Effective Discipline*, which explores why children misbehave, what makes discipline effective and offers tips for gentle discipline.
3. **Staff Training**, such as *Behavioural Management for Professionals*, which provides those who work with children additional strategies to manage a child's behaviour. Staff members discuss problem situations that they encounter daily, and behavioural management tools are shared.
4. **Class-wide Children's Programs**, such as *Peace Keepers*, students from the intermediate level learn conflict management techniques and are trained to be mentors and to help deal with conflict during recess.

Evaluation: At the end of each group/presentation/workshop, participants (students, parents and/or school staff) were asked to fill out a one-page survey that asked their opinion regarding the content, learning, the facilitator and the overall satisfaction with the workshop. Feedback was received from 376 survey respondents across 27 groups/presentations/workshops.

Results: Results indicate that the majority of participants were very satisfied with the programs that they were a part of, with the highest rates of satisfaction reported in relation to the presenter. Although participants were rarely dissatisfied, student-focused workshops garnered lower levels of satisfaction when compared to those offered to parents or teachers.

Specifically, 98.6% of attendees thought that "*The presentation was excellent*" and 98.6% of the participants agreed or strongly agreed with the statement "*I acquired new knowledge/skills from this presentation.*" In addition, 97.8% agreed or strongly agreed with the statement "*I will be able to apply/use the new knowledge/skills that were taught.*"

For further information, contact Jennifer Puddicombe, Manager of Research and Evaluation at [mailus@aislingdiscoveries.on.ca](mailto:mailus@aislingdiscoveries.on.ca)